



## Healthy School

The National Healthy Schools Programme promotes the link between good health, behaviour and achievement through four key areas: healthy eating; physical activity; personal, social and health education (PL); and emotional health and well-being.

Bowden House School was first awarded National Healthy School Status in 2006 and when required we have successfully renewed our status.

Eleanor O'Donohoe a healthy lives Adviser at the London Borough of Tower Hamlets wrote this email in March 2013:

Dear Bowden House,

**Congratulations! I am writing to you to confirm that you have now renewed your Healthy Schools Award – so well done!**

Thanks so much for all your hard work renewing your Healthy Schools Award – and your status will now run from May 2013 to May 2015 as that is when your status was due to expire.

I look forward to hopefully awarding you your Renewed Healthy Schools awards at the Celebration Event on 2<sup>nd</sup> July – and continuing to work with you around the health and wellbeing of your pupils now and in the future.

Kind regards,

*Eleanor O'Donohoe*

Healthy Lives Adviser

You can access resources on our website:

[http://webfronter.com/towerhamlets/extended\\_services/](http://webfronter.com/towerhamlets/extended_services/)